

# HEALTH DISPARITIES

Neighborhood outreach, cultural competence and community partnerships continue to be the cornerstones of the department's minority health programs. Preventative health screenings and treatment services contribute to the well-being of families of all cultures.



## GOAL FOR THE YEAR 2010

*Eliminate health disparities for racial and ethnic minorities, women, people with low incomes and people with disabilities.*

### **Key Indicators of the health status of racial and ethnic minorities**

	White	Black	Native American	Asian	Hispanic
Infant deaths per 1000 live births	6.4	16.9	12.2	9.2	14.3
Percent of mothers receiving first trimester care	85.3	64.2	65.8	72.9	76.2
Percent of women receiving mammography screenings	22.3	28.2	25.0	11.1	36.4
Percent of adults who smoke cigarettes	34.5	31.8	44.2	21.5	24.9
Percent of adults told they have high cholesterol	16.9	23.8	20.3	14.4	24.0
Average age of death for females	77.5	59.5	57.2	57.0	50.9
Average age of death for males	69.1	55.4	55.3	48.3	59.6

## PROGRAMS THAT PROMOTE THE HEALTH OF ALL CULTURES BY REDUCING HEALTH DISPARITIES

### **HEALTHY HOMES**



#### **Family W.E.A.L.T.H.**

A minority health program directed at reducing hypertension and diabetes among African American and Native Americans is done in collaboration with the Indian Center and the Malone Center. Dental health, substance abuse and behavioral health referrals and services are also a major part of this new program funded by the Community Health Endowment of Lincoln.



#### **Nurturing Parents**

The goal of this program is to decrease infant mortality through home visits by public health nurses. Another major focus of this program is to decrease the number of low birth weight infants and pre-term births. This can be achieved by reducing the incidences of smoking by pregnant women.

#### **Grapevine Project**

The Grapevine Project provides funding for persons unable to pay for medications. The Grapevine Project operates out of the Primary Care Clinic at 3140 "N" Street.



#### **K.I.T.E.**

Environmental hazards pose greater risk to children than adults. Special programs are being developed to increase community awareness of these facts. One of these programs, Kids In Touch Environmentally (K.I.T.E.), has helped educate over 500 child care providers and thousands of children on simple steps to reducing environmental hazards.



#### **Mobile Health Clinic**

Health screenings and health services for diabetes, high blood pressure and elevated cholesterol are done in the Mobile Health Clinic. Dental Health services are offered on the Mobile Health Clinic. This has proven to be a very successful health outreach service by providing services to hundreds of racial and ethnic minorities at schools and over 20 community sites.